



credit union OF DENVER  
**smartkidsupdate**

## Easy Spiral Paper Flower Heart Craft



As Valentine's Day is right around the corner, you can celebrate the holiday in a fun and unique way by creating your own Spiral Paper Flower Heart Craft! It's easier than you think.

### Materials

- Burlap Canvas (You can also use poster board as an alternative)
- Various Colors of Card Stock or Construction Paper (ie. different pinks)
- Hot Glue Gun
- Round Nosed Pliers (optional to help with the curling)
- Scissors
- Pencil

**Extra:** You can add extra string or paint something on the background if desired.



### Instructions

1. With your parents' help, create a template for the heart simply by folding a piece of paper in half and cutting it out. You can also made 3 different size circle templates to make the flowers.

2. Lightly trace the heart onto the canvas (or poster board) by using a pencil to make a guide for placing the flowers. Then, cut a bunch circles out of the card stock or construction paper, making sure to do different sizes of each color.

3. Next, make the flowers. Taking each circle, cut into the end and cut a spiral into the center, leaving a small portion at the center to act as a base to glue your flower together and sit flat.

4. Once all of your spirals are cut start curling the end of your spiral. You may use round nosed pliers to help with the curling. Just start at the end and keep curling until you get to the center. Then let go of the spiral and it will unravel a bit to form your flower.



5. Next, pick up a flower and pull back that little center portion. Put a little glue on the center portion with a glue gun, then gently push all the spirals onto the glue. Try to make sure all the spirals are touching the glue so the flower holds together nicely.

6. Once all your flowers are glued together you're ready to hot glue them to your burlap board. A good tip is to try and start with the three largest flowers and fill the rest in from there. Try to make sure you don't have too many of the same color right next to each other. It's best to move the flowers around and get a good idea of where you want them to go before you start gluing.

7. *Optional:* After the heart was complete, you may wrap jute string around one side of the panel and tie a little bow on it. And lastly, you may also trace the word 'Love' onto a corner and paint it in with white craft paint.

## Explaining Money is Our Thing

C·U·D wants to help parents and kids learn about all things money. Whether that is how to save, spend, give or share, learning good money habits starts early. It's important to learn about money, since it's a part of your entire life.

We recommend starting out with the [It's A Money Thing Jr.](#) video series for our younger members. They are located towards the bottom of our page. The videos are free and fun for all ages!



Watch Videos

### ENTER TO WIN!

Complete the craft: **Easy Spiral Paper Flower Heart** and send us a picture of it for your chance to win \$25.00.

Send us an email by 03/15/2025. All submissions will be entered in a random drawing for \$25.00 to be deposited into your C·U·D account.

Email: [kidz@cudenver.com](mailto:kidz@cudenver.com) Please include **'Newsletter'** in the subject line.

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